



## MACC Application & EduTest

**This is just a preview please complete form online at:**

<https://goo.gl/forms/dGGlycqWYEhkwZnu2>

Thank-you for your interest in becoming a member of the Metro Atlanta Cycling Club! BEFORE YOU COMPLETE AND SUBMIT this application please read the following.

MACC would like members to not just be cyclists, but knowledgeable cyclists with a love for cycling including the willingness to advance skills, interact positively with others, and support club activities and event. What better way to assess these qualities in a future member than to ride with them! For this reason a pre-application 7 ride requirement and a few riding skill requirements were established. These requirements must be met before filling out the Member Application and EduTest. If you are not aware of these requirements, please refer to section titled "A prospective member of Metro Atlanta Cycling Club Must" on our website Membership page: <http://www.maccattack.com/membership>

**The Application** portion covers basic understanding of the club you are looking to join.

**The EduTest** portion was developed to help assure members possess basic cycling knowledge and to help promote them to a higher understanding of this vast and exciting sport.

### Member Application

Congratulations! If you are completing this section of the application you have met the pre-application requirements. Hopefully, you kept track of the required rides so you can complete the form. **PLEASE NOTE:** You can save and edit an incomplete form later using the "Continue to section #?" question at end the end of each section. If you select finish Later, it will take you to the submit screen, you must submit. You will receive an email with a link to your form so you can edit and complete.

### \*\* REQUIRED RIDES \*\*

**7 rides, you enter ride info on the form**

Log each of your rides and 2-3 members present on that ride. At least one of the seven rides must be 50 miles or more. For each of the 7 required rides, enter: ride date, ride name, #miles, and the MACC members that can account for you on the ride. (Ex: 01/31/16, MACC Beginner Ride, 28 miles, Greg, Rod, Roy).

- Ride #1



- Ride #2
- Ride #3
- Ride #4
- Ride #5
- Ride #6
- Ride #7

## \*\* MEMBERS EXPECTATIONS \*\*

**6 questions, you enter the answers on the form. The names and roles are provided for the last question, you select proper matches on the form.**

What all MACC members should know about the club. Feel free to use all information at your disposal including, hint: <http://www.maccattack.com>.

- What is MACC's Mission?
- What do all MACC members agree to? (List at least 4 out of the 6 items)
- What is the significance of the MACC colors? What is this symbol found on MACC jerseys and what does it mean? Tip: About Macc.



- What item must be worn on EVERY MACC ride?
- What is MACC's premiere charity ride that all members MUST support and work? When is the ride?
- Who are the MACC Leads and Board Members? They are listed on form, scroll right to see all columns.

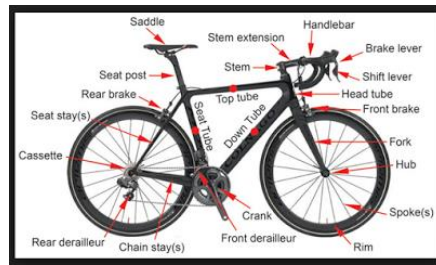
## EduTest

MACC strives to help assure members are good cyclists, possess basic cycling education and are committed. The EduTest portion of this application is designed to test areas of knowledge that every rider should know and to promote others to a higher understanding of this vast and exciting sport

## \*\* YOUR EQUIPMENT \*\*

**22 items, you provide the info for each item the form**

What every MACC member should know about his or her bike and bikes in general.



- Type of Bike
- Brand and Model
- Frame size
- Tires (brand / model / size)
- Crank Arm (brand / model / length)
- Type of Crank
- Number of Teeth in Chain Rings (big / middle (triples only) / Small)
- Front Derailleur (brand / model)
- Rear Derailleur (brand / model)
- Shift Lever (brand / model)
- Shift Type
- Freewheel or Cassette (brand / model)
- Hubs (brand / model / #front spokes / #back spokes)
- Rims (brand / model / clincher or sew-up)
- Pedals (brand / model)
- Handlebar (brand / model)
- Stem (brand / model)
- Seat Post (brand / model)
- Chain (brand / model)
- Bottom Bracket (brand / model)
- Headset (brand / model)
- Computer (brand / model)

## \*\* CYCLING KNOWLEDGE \*\*

8 questions, you enter answers on the form

Basic cycling knowledge every MACC cyclist should have.



- What is the difference between a clincher and tubular tire? How are they mounted?
- Explain gear inch.
- Give a likely configuration of an 11-28, 11-speed cassette.
- Why do recreational bikes have larger cassettes than racing bikes?
- What is carbo-loading?
- What effects would drinking several beers have after a ride?
- Who is Major Marshall Taylor? What championship and year did he win?
- Who won the Silver Medal at the 1984 Olympic Games Cycling - Men's 4000 Meter?

## \*\* TERMINOLOGY \*\*

### 10 multiple-choice questions, you select the answer on the form

MACC members should know the cycling term for the following:



- To ride closely behind one or more fellow riders so that you are shielded from the wind, thereby saving considerable energy.
- A main body or group of riders also called the "pack," "field" and "group."
- A line of riders (all it takes is two) traveling closely together and taking turns in the lead in order to save energy, share the work and travel more quickly than possible riding alone.
- A type of multi-lap road race held on a relatively short course often around a city block.
- A track cycling event involving between two to four riders, though it is usually run as a one-on-one match race between opponents who start next to each other.
- Any race comprised of multiple races. Usually won by the person who completes the entire event in the least amount of time.
- Events where riders cover a set course alone. Every cyclist's time is recorded and then compared to determine who went the fastest.
- A track cycling event where riders start on opposite sides of the track and race over a set distance where the racer who finishes the distance the quickest wins.
- A prize, bonus, or award given as an inducement to enter competitions put on by business, interests, etc.
- A race over a long distance where a sprint is held every ten laps, with 5, 3, 2, and 1 point(s) being awarded to the top four finishers in each sprint. The racer with the most points in the end wins.

## \*\* Extra Credit \*\* Important figures in the cycling world

The names are provided you select proper matches on the form. Tip: Google

- Match the cyclist with his nickname!